



# BREAKFAST @SCHOOL

For first-class learning!

LIVINGSTON PARISH PUBLIC SCHOOLS



## BREAKFAST MENU FOR APRIL 2018

This institution is an equal opportunity provider. Menu is subject to change.



### Breakfast Bites!

Want your breakfast to help you stay full longer? Eat a combination of healthy fruits, whole grains, protein, and fat!



Examples:  
ham and egg on whole grain  
English muffin with grapes and milk or whole grain cereal with banana and a hard-boiled egg.

# SPRING BREAK

Break begins at the end of classes  
**Thursday, March 29**  
Classes resume  
**Monday, April 9**

<b>Monday, April 9</b> Mini Blueberry Pancakes Peaches Fruit Juice, Milk Choice	<b>Tuesday, April 10</b> Mini Powdered Donuts Banana Fruit Juice, Milk Choice	<b>Wednesday, April 11</b> Breakfast Pizza Apple Fruit Juice, Milk Choice	<b>Thursday, April 12</b> Cinn. Toast Crunch Cereal Bar Strawberry Yogurt, Pears Fruit Juice, Milk Choice	<b>Friday, April 13</b> Dutch Waffle Strawberry Craisins Fruit Juice, Milk Choice
<b>Monday, April 16</b> Turkey Sausage Biscuit Blueberry Craisins Fruit Juice, Milk Choice	<b>Tuesday, April 17</b> Breakfast Pizza Apple Fruit Juice, Milk Choice	<b>Wednesday, April 18</b> Breakfast Bites Pears Fruit Juice, Milk Choice	<b>Thursday, April 19</b> Whole Grain Pop Tart Banana Fruit Juice, Milk Choice	<b>Friday, April 20</b> Cini Minis Peaches Fruit Juice, Milk Choice
<b>Monday, April 23</b> Mini Cinnamon Waffles Pears Fruit Juice, Milk Choice	<b>Tuesday, April 24</b> Breakfast Pizza Applesauce Fruit Juice, Milk Choice	<b>Wednesday, April 25</b> Chocolate Benefit Bar Fruit Cocktail Fruit Juice, Milk Choice	<b>Thursday, April 26</b> Turkey Sausage Biscuit Banana Fruit Juice, Milk Choice	<b>Friday, April 27</b> Coco Puffs Cereal Bar Mozzarella String Cheese Fruit Juice, Milk Choice
<b>Monday, April 30</b> Mini Blueberry Pancakes Fruit Cocktail Fruit Juice, Milk Choice	<h2>Featuring Healthy Fruits &amp; Grains!</h2>			

## First things First

Choose at least **ONE** serving of **FRUIT** and at least **THREE** items **TOTAL** so your meal counts as a **Complete Breakfast!**

**BREAKFAST@SCHOOL**  
For first-class learning!